



WHAT TO DO AFTER COVID-19 TESTING

1. QUARANTINE AFTER TESTING

We strongly advise you begin self-quarantine until your results have been determined. If you have been tested, it is because our providers have determined you have an increased risk of the illness.

- a.** If symptoms worsen, *call an emergency room or your local health department to determine if you need additional attention.*

NOTE: PLEASE DO NOT WALK IN TO AN URGENT CARE, HOSPITAL, OR OTHER HEALTH CARE PROVIDER BEFORE CALLING.

2. GET YOUR RESULTS

Midwest Express Clinic will call you with your results as soon as possible, typically within 7-10 days. A follow-up appointment will be scheduled depending on your results and symptoms.

- a. NEGATIVE RESULTS:** *If your results are negative, you can typically return to normal activities unless you are still feeling ill or have a fever. A provider will schedule a follow-up appointment to ensure you are able to return to work.*
- b. POSITIVE RESULTS:** *If positive, you will need to remain in self-isolation for 14 days. A provider will schedule a follow-up appointment to ensure you are healthy and able to return to work.*

3. REPORT TO THE STATE DEPARTMENT OF HEALTH

MEC will immediately report any potential cases to the State Department of Health. Our lab partner, Quest, will also report any positive findings to the CDC. If you have tested positive for COVID-19, the local health department will also follow up with you.

For further information, *contact MEC or your local health department below:*

MIDWEST EXPRESS CLINIC COVID-19 HOTLINE: 219.513.2000

MIDWEST EXPRESS CLINIC EMAIL: Coronavirus@MidwestExpressClinic.com

IN HEALTH DEPARTMENT: 1.317.233.1324

IL HEALTH DEPARTMENT: 1.800.889.3931

INSIDE CHICAGO CITY LIMITS: 1.312.744.5000

CDC EMERGENCY LINE: 770.488.7100