



WHAT TO DO AFTER COVID-19 TESTING

1. QUARANTINE AFTER TESTING

We strongly advise you begin self-quarantine until your results have been determined. If you have been tested, it is because our providers have determined you have an increased risk of the illness.

- a. If symptoms worsen, *call an emergency room or your local health department to determine if you need additional attention.*

NOTE: PLEASE DO NOT WALK IN TO AN URGENT CARE, HOSPITAL, OR OTHER HEALTH CARE PROVIDER BEFORE CALLING.

2. GET YOUR RESULTS

Midwest Express Clinic will call you with your results as soon as possible, typically within 3-4 days.

- a. **NEGATIVE RESULTS:** If your results are negative, *you may return to usual activity.*
- b. **POSITIVE RESULTS:** If positive, *you must remain in self-isolation for a full 14 days. You may follow up with MEC after 14 days for clearance to return to normal activity.*

3. REPORT TO THE STATE DEPARTMENT OF HEALTH

MEC will immediately report any potential cases to the State Department of Health. Our lab partner, Quest, will also report any positive findings to the CDC. If you have tested positive for COVID-19, the local health department will also follow up with you.

For further information, *contact MEC or your local health department below:*

MIDWEST EXPRESS CLINIC COVID-19 HOTLINE: 219.513.2000

MIDWEST EXPRESS CLINIC EMAIL: Coronavirus@MidwestExpressClinic.com

IN HEALTH DEPARTMENT: 1.317.233.1324

IL HEALTH DEPARTMENT: 1.800.889.3931

INSIDE CHICAGO CITY LIMITS: 1.312.744.5000

CDC EMERGENCY LINE: 770.488.7100